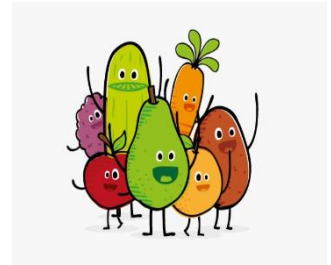


WEEK

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# Hillcrest Day Nursery Menu



Breakfast is served each day before 9am  
Cereals (contains: **wheat, barley, milk**)

Mid-Morning Snack is served each day after 9am  
Toast with a glass of milk or water (contains: **wheat, soya, milk**)

Monday	Lunch <b>Wheat/celery/milk</b>	Mac & cheese with side of broccoli & cauliflower
	Dessert	Fresh fruit salad (x3 types of fruit)
	Snack <b>Wheat/Milk</b>	Crackers, cheese & raisins
Tuesday	Lunch <b>Wheat/fish</b>	Home-made fish bites, mashed potatoes & baked beans
	Vegetarian	Veg cakes, mashed potatoes & beans
	Dessert	Fresh fruit salad (x3 types of fruit)
	Snack <b>Milk</b>	Yogurt & banana
Wednesday	Lunch	Two bean chilli con carne with basmati rice
	Vegetarian	Veggie con carne with basmati rice
	Dessert <b>Milk</b>	Yogurt & banana
	Snack <b>Wheat/milk/fish/soya</b>	Chicken/tuna/cheese sandwiches & sliced apples
Thursday	Lunch <b>Wheat/soya</b> Vegetarian	Chicken pie with side of carrots & peas Veggie pie
	Dessert	Fresh fruit salad (x3 types of fruit)
	Snack <b>Wheat</b>	English muffins, sliced banana & honey
Friday	Lunch <b>Wheat</b> Vegetarian	Spaghetti Bolognese Hidden veg spaghetti
	Dessert	Fresh fruit salad (x3 types of fruit)
	Snack <b>Wheat/milk</b>	Homemade banana bread & yoghurt