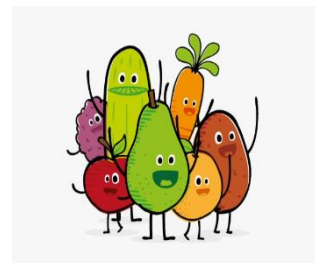


WEEK

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# Hillcrest Day Nursery Menu



Breakfast is served each day before 9am

Cereals (contains: **wheat, barley, milk**)

Mid-Morning Snack is served each day after 9am

Toast with a glass of milk or water (contains: **wheat, soya, milk**)

Monday	<p>Lunch</p> <p><b>Wheat/milk/soya</b></p> <p>Dessert</p> <p>Snack <b>Wheat/Milk</b></p>	<p>Margarita pizza/Tomato &amp; herb pasta with cheese &amp; side of broccoli <i>(Older groups pizza, pasta, veg/Younger groups pasta &amp; veg only)</i></p> <p>Fresh fruit salad (x3 types of fruit)</p> <p>Crackers, cheese &amp; raisins</p>
Tuesday	<p>Lunch</p> <p><b>Wheat</b></p> <p>Vegetarian</p> <p>Dessert</p> <p>Snack <b>Milk</b></p>	<p>Home-made chicken bites, roast potatoes &amp; baked beans</p> <p>Veggie bites, roast potatoes &amp; baked beans</p> <p>Fresh fruit salad (x3 types of fruit)</p> <p>Yogurt &amp; banana</p>
Wednesday	<p>Lunch</p> <p><b>Wheat/soya</b></p> <p>Vegetarian</p> <p>Dessert <b>Milk</b></p> <p>Snack</p> <p><b>Wheat/milk/fish/soya</b></p>	<p>Cottage pie &amp; side of carrots</p> <p>Veggie sausage, mash, gravy &amp; carrots</p> <p>Yogurt &amp; banana</p> <p>Chicken/tuna/cheese sandwiches &amp; apples</p>
Thursday	<p>Lunch</p> <p><b>Wheat</b></p> <p>Vegetarian</p> <p>Dessert</p> <p>Snack <b>Wheat/milk</b></p>	<p>Spaghetti Bolognese</p> <p>Hidden veg spaghetti</p> <p>Fresh fruit salad (x3 types of fruit)</p> <p>English muffins, sliced banana &amp; honey</p>
Friday	<p>Lunch</p> <p><b>Wheat/fish/milk</b></p> <p>Veg</p> <p>Dessert</p> <p>Snack <b>Wheat/Milk</b></p>	<p>Home-made fish goujons, cheesy mashed potatoes &amp; peas</p> <p>Couscous veggie nuggets, cheesy mashed potatoes &amp; peas</p> <p>Fresh fruit salad (x3 types of fruit)</p> <p>Home-made banana bread &amp; yoghurt</p>